



Are you ready to play?

To be ready, you need a PIAA Sports Physical.

PIAA Sports Physicals are necessary each year to participate in your school's scholastic athletic program, including workouts, practices or competitions.

You can obtain your PIAA Sports Physical by scheduling an appointment with your primary care physician, an urgent care or minute clinic facility, or at one of the eight city health centers run by the [Department of Public Health](#).

City health centers accept Medicare, Medicaid, HMO plans, and most other insurance. If you are uninsured, the center will charge you a small fee based on your family size and income.

Check out the Health Center locations on the next three pages. Call the one closest to your home to make an appointment for your sports physical today. Some health centers are filled up to December. When you call, if the appointment offered to you is later than you would like, ask for 'the next available appointment at any health center' and you may get one earlier but you may have to travel a little further. ***Remember, you can't play until you have your physical.***

Before you go, check if you need any vaccines with your school nurse and while you are there, be sure to get your yearly flu shot.



Make sure you take this [PIAA Physical Form](#) with you to be filled out and signed while you are there. After your visit, make sure to give the completed form to your Coach or Athletic Director.

Health Center 2	1700 S. Broad St. Unit 201 Philadelphia, PA 19145	Primary Care Services	Medical (215) 685-1803 Dental (215) 685-1822	Monday 8 a.m. – 4:30 p.m. Tuesday 8 a.m. – 4:30 p.m. Wednesday 7:30 a.m. – 4:30 p.m. Thursday 8 a.m. – 7:30 p.m. Friday 8 a.m. – 4:30 p.m. Saturday 8 a.m. – noon
Health Center 3	555 S. 43rd St. Philadelphia, PA 19104	Primary Care Services	Medical (215) 685-7504 Dental (215) 685-7506	Monday 7:30 a.m. – 8 p.m. Tuesday 7:30 a.m. – 5 p.m. Wednesday 7:30 a.m. – 5 p.m. Thursday 7:30 a.m. – 5 p.m. Friday 7:30 a.m. – 5 p.m. Saturday Closed
Health Center 4	4400 Haverford Ave. Philadelphia, PA 19104	Primary Care Services	Medical (215) 685-7601 Dental (215) 685-7605	Monday 8 a.m. – 4:30 p.m. Tuesday 8 a.m. – 8 p.m. Wednesday 8 a.m. – 4:30 p.m. Thursday 8 a.m. – 4:30 p.m. Friday 8 a.m. – 4:30 p.m. Saturday Closed



Department of Public Health

Health Center 5	1900 N 20th St. Philadelphia, PA 19121	Primary Care Services and Walk- in STD Testing & Treatment	Medical (215) 685- 2933 Dental (215) 685-2938	Monday 7:30 a.m. – 5 p.m. Tuesday 8 a.m. – 8 p.m. Wednesday 7:30 a.m. – 5 p.m. Thursday 7:30 a.m. – 5 p.m. Friday 7:30 a.m. – 5 p.m. Saturday Closed
Health Center 6	301 W. Girard Ave. Philadelphia, PA 19123	Primary Care Services	Medical (215) 685- 3803 Dental (215) 685-3816	Monday 8 a.m. – 4:30 p.m. Tuesday 8 a.m. – 4:30 p.m. Wednesday 8 a.m. – 8 p.m. Thursday 8 a.m. – 4:30 p.m. Friday 8 a.m. – 4:30 p.m. Saturday Closed
Health Center 9	131 E. Cheltenham Ave. Philadelphia, PA 19144	Primary Care Services	Medical (215) 685- 5701 Dental (215) 685-5738	Monday 8 a.m. – 4:30 p.m. Tuesday 8 a.m. – 4:30 p.m. Wednesday 8 a.m. – 7:30 p.m. Thursday 8 a.m. – 4:30 p.m. Friday 8 a.m. – 4:30 p.m. Saturday Closed



Department of Public Health

Health Center 10	2230 Cottman Ave. Philadelphia, PA 19149	Primary Care Services	Medical (215) 685-0639 Dental (215) 685-0639	Monday 7 a.m. – 4 p.m. Tuesday 7 a.m. – 4 p.m. Wednesday 7 a.m. – 4 p.m. Thursday 7 a.m. – 4 p.m. Friday 7 a.m. – 4 p.m. Saturday By Appointment
Strawberry Mansion Health Center	2840 West Dauphin St. Philadelphia, PA 19132	Primary Care Services	(215) 685-2401	Monday 7:30 a.m. – 4:30 p.m. Tuesday 7:30 a.m. – 4:30 p.m. 4:30 p.m. – 7:30 p.m.* Wednesday 7:30 a.m. – 4:30 p.m. Thursday 8:00 a.m. – 4:30 p.m. Friday 7:30 a.m. – 4:30 p.m. Saturday Closed * By Appointment Only